

Make it a Better Day with



SANDWICHES & BAGUETTES

Classic Ham Sandwich
EUR 1.50

Prawn & Cream Cheese Baguette
EUR 2.50

NEW

Tomato, Lettuce & Cucumber Sandwich *Vegetarian*
EUR 1.50

Cheese & Lettuce Sandwich
EUR 1.50

Turkey, Carrot & Cream Cheese Baguette
EUR 2.50

NEW

Traditional Maltese Ftira *Lactose Free*
Full EUR 2.50 Half 1.50

SALADS & WRAPS

Daily Freshly Prepared Salads by Order
EUR 2.50

Grilled Chicken and Vegetable Wrap
Caeser, Boiled Egg and Grana Wrap *Vegetarian*
Mexican Beef with Kidney Beans & Bell Peppers Wrap
Roast Lamb & Couscous Wrap
EUR 2.50

NEW

HOT MEALS

Savouries with Various Fillings Baked Today
EUR 1.95

Baked Rice & Tomato *Lactose/Gluten Free & Vegetarian*
EUR 2.50

Beef, Chicken or Pork Noodles Cup
EUR 1.50

NEW

Pasta Dish of the Day
EUR 2.50

NEW

Baked Chicken Piece with Potato Wedges *Gluten Free*
EUR 2.50

FRUITS & DESSERTS

Two Pieces of Fresh Fruit *Gluten Free*
EUR 1.00

Fruit & Jelly Cup *Lactose/Gluten Free*
EUR 1.00

Fruit Yoghurt
EUR 1.00

Mixed Fruit Cup *Gluten Free*
EUR 1.50

Tasty Traditional Pudding
EUR 1.50

NEW

BEVERAGES

Three Squeezed Oranges 250ml
EUR 1.50

Mineral Water 500ml
EUR 0.50

BetterBreak Fruit Smoothies *Gluten Free*
Large EUR 1.50 Extra Large EUR 1.95

Fresh Milk 500ml
EUR 1.20

Freshly Brewed Iced Teas 250ml
EUR 1.00

NEW

ALL ITEMS MAY INCLUDE TRACES OF NUTS



0730hrs - 1530hrs

For breakfast, lunch or an afternoon snack, we come to create **daily food** with health & energy in mind. Eating a **snack** on your own or a **meal** with friends, you'll find great taste and **fresh ingredients** therefore some items might not be available daily. We can also accommodate more **dietary requirements** and **food intolerances** if advised well in advance.

